

# CARON'S SCREENING, BRIEF INTERVENTION, AND REFERRAL TO TREATMENT



**Audience: School and child-serving professionals**

**Number of Modules: Three**

**Estimated Completion Time: 60 minutes**

## Course Description

Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an evidence-based practice used to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and illicit drugs. Caron's SBIRT modules will (1) highlight various screening tools available to assess for harmful and hazardous substance use patterns, (2) demonstrate motivational interviewing techniques to guide students towards healthy change, and (3) identify resources should further assessment or treatment be needed.

### After completing the course, participants will be able to:

- Define each step of Screening, Brief Intervention, and Referral to Treatment
- Understand the progressive nature of substance use disorders and the importance of early intervention
- Describe the efficacy of SBIRT as a strategy in addressing harmful and hazardous substance use behavior patterns
- Identify effective screening tools to use with students
- Utilize motivational interviewing techniques to move people toward positive change during a brief intervention
- Identify appropriate school-based and community resources if a referral for further assessment is necessary

## Caron's Digital Learning Program

Our Digital Learning Program is a comprehensive library of courses centered on substance use disorder prevention, intervention, treatment, and recovery. Through the Digital Learning Program, participants can:

- Complete programs at their location, eliminating the need to travel
- Finish the programs at a time and pace that works best for them
- Get the resources they need at no cost
- Obtain knowledge and skills that will increase their confidence and competence in addressing a variety of topics surrounding the continuum of substance use from prevention to recovery

**Visit [Caron.org/Digital-Learning](https://www.caron.org/digital-learning) or contact Caron's Education Department at 610-743-6117 for more information about course offerings.**

# Caron's Digital Learning

With over 60 years of successfully treating addiction and behavioral health issues, Caron understands that prevention and early intervention are key to addressing problematic substance use among youth. Working with over 900 schools and child-serving organizations each year, we are well known for the quality of our education and prevention programs. We are excited to now offer a digital learning program allowing those unable to access our in-person programs to also benefit from our quality programming.

## Course Structure and Offerings

Courses are designed to be interactive to engage participants and enhance their ability to learn and retain knowledge. Depending on the topic and the goal, courses may include video, animation, audio narration, and text as well as interactive tools like pop-up screens and drag-and-drop questions.

Learners can expect to complete knowledge checks after each topic to ensure understanding of the material and receive a certificate upon completion for each course.

## Caron's Education Department Mission:

To provide comprehensive substance use education and supportive services along the full continuum of care, from prevention to recovery, for students, families, and professionals, using evidence-informed and innovative strategies.

## Course Offerings

### For Teens

CONNECT 5: Find the NicoTEEN-Free You!

### For Parents and Caregivers

PREP: Prevention Resources & Education for Parents/ Caregivers

### For Professionals

Vaping and Marijuana Trends Among Youth

Caron's Screening, Brief Intervention, and Referral to Treatment

Impact of Substance Use Disorders on the Family: Hope for Recovery

