Breakthrough
COVID-19 Guidelines and Protocols – Participant Handout

To ensure the safety of all Caron patients, staff, and visitors, **ALL** participants (regardless of COVID-19 vaccination status) are **REQUIRED** to follow Caron’s COVID-19 mitigation protocols at all times unless otherwise instructed or approved by a Caron medical provider prior to attending (including wearing masks that fully cover the mouth and nose). Failure to abide by Caron’s COVID-19 mitigation protocols (unless otherwise instructed) may result in the participant(s) being asked to leave the Pennsylvania campus.

**Participant Requirements**

**Upon arrival to campus, Breakthrough participants are required to:**

- Go directly to Neag Medical Center.
  - Complete a COVID-19 screening questionnaire (including temperature).
  - All participants will complete an “Authorization and Consent to COVID-19 Testing for Breakthrough Clients” form and will be Point of Care tested for COVID-19.
- Apply a face covering that covers the nose and mouth *prior* to exiting vehicle.
  - Disposable masks are available to participants upon arrival to campus.

**At all other times after arrival, Breakthrough participants are required to:**

- Complete the daily COVID-19 screening questionnaire (including temperature).
  - If a participant exhibits symptoms associated with COVID-19 and/or a temperature of >99.5°F, he/she will be tested for COVID-19.
  - Positive COVID-19 test result will result in closure of the program.
- If experiencing symptoms associated with COVID-19 as listed in the COVID-19 screening questionnaire, immediately notify a Therapist, evening counselor, or other staff member, during evening hours between 11:00 pm and 7:00 am, contact the operator who will direct you to a Behavioral Health Tech Admin.
- Frequently and thoroughly wash hands with soap and water for at least 20 seconds.
  - Alcohol-based hand sanitizer does not replace the need for handwashing but may be used in between handwashing if needed.
- Cough and/or sneeze into elbow and facing away from others.
- Immediately dispose of used tissues in trash receptacles.
- Maintain at least 6-foot distance from others.
- Each participant will be housed in a single room. Only the assigned participant is to be in each room.
- Avoid using anyone else’s phone, desk, work tools, toiletries, electronic devices, clothing, etc.
- Always remain on Caron of Pennsylvania campus.

4/2021

Based on CDC guidelines effective 3/11/2021
COVID-19 Screening Questions

1. Have you experienced any of the following symptoms in the past 48 hours:
   a. Fever or Chills?
   b. Cough?
   c. Shortness of Breath or Difficulty Breathing?
   d. Fatigue?
   e. Muscle or Body Aches?
   f. Headache?
   g. New Loss of Taste or Smell?
   h. Sore Throat?
   i. Congestion or Runny Nose?
   j. Diarrhea?
   k. Redness around Eyes?

2. Within the past 14 days have you been in close physical contact (6 feet or closer for at least 15 minutes) with a person who is known to have laboratory confirmed COVID-19 or with anyone who has symptoms consistent with COVID-19?

3. Are you isolating or quarantining because you may have been exposed to a person with COVID-19 or worried that you may have COVID-19?

4. If you have recently or are currently self-quarantining, please describe what precautions you took and what this has looked like.

5. Are you currently waiting on the results of a COVID-19 test?

6. Have you been diagnosed with COVID-19? If yes, when?

7. Have you recently traveled?