

Breakthrough

COVID-19 Guidelines and Protocols – Participant Handout

To ensure the safety of all Caron patients, staff, and visitors, **ALL** participants (regardless of COVID-19 vaccination status) are **REQUIRED** to follow Caron’s COVID-19 mitigation protocols at all times unless otherwise instructed or approved by a Caron medical provider prior to attending (including wearing masks that fully cover the mouth and nose). Failure to abide by Caron’s COVID-19 mitigation protocols (unless otherwise instructed) may result in the participant(s) being asked to leave the Pennsylvania campus.

Participant Requirements

Upon arrival to campus, Breakthrough participants are required to:

- Go directly to Neag Medical Center.
 - Complete a COVID-19 screening questionnaire (including temperature).
 - All participants will complete an “Authorization and Consent to COVID-19 Testing for Breakthrough Clients” form and will be Point of Care tested for COVID-19.
- Apply a face covering that covers the nose and mouth *prior* to exiting vehicle.
 - Disposable masks are available to participants upon arrival to campus.

At all other times after arrival, Breakthrough participants are required to:

- Complete the daily COVID-19 screening questionnaire (including temperature).
 - If a participant exhibits symptoms associated with COVID-19 and/or a temperature of >99.5°F, he/she will be tested for COVID-19.
 - Positive COVID-19 test result will result in closure of the program.
- If experiencing symptoms associated with COVID-19 as listed in the COVID-19 screening questionnaire, immediately notify a Therapist, evening counselor, or other staff member, during evening hours between 11:00 pm and 7:00 am, contact the operator who will direct you to a Behavioral Health Tech Admin.
- Frequently and thoroughly wash hands with soap and water for at least 20 seconds.
 - Alcohol-based hand sanitizer does not replace the need for handwashing but may be used in between handwashing if needed.
- Cough and/or sneeze into elbow and facing away from others.
- Immediately dispose of used tissues in trash receptacles.
- Maintain at least 6-foot distance from others.
- Each participant will be housed in a single room. Only the assigned participant is to be in each room.
- Avoid using anyone else’s phone, desk, work tools, toiletries, electronic devices, clothing, etc.
- Always remain on Caron of Pennsylvania campus.

COVID-19 Screening Questions

1. Have you experienced any of the following symptoms in the past 48 hours:
 - a. Fever or Chills?
 - b. Cough?
 - c. Shortness of Breath or Difficulty Breathing?
 - d. Fatigue?
 - e. Muscle or Body Aches?
 - f. Headache?
 - g. New Loss of Taste or Smell?
 - h. Sore Throat?
 - i. Congestion or Runny Nose?
 - j. Diarrhea?
 - k. Redness around Eyes?
2. Within the past 14 days have you been in close physical contact (6 feet or closer for at least 15 minutes) with a person who is known to have laboratory confirmed COVID-19 or with anyone who has symptoms consistent with COVID-19?
3. Are you isolating or quarantining because you may have been exposed to a person with COVID-19 or worried that you may have COVID-19?
4. If you have recently or are currently self-quarantining, please describe what precautions you took and what this has looked like.
5. Are you currently waiting on the results of a COVID-19 test?
6. Have you been diagnosed with COVID-19? If yes, when?
7. Have you recently traveled?