

THE TOOLS AND KNOWLEDGE TO IMPLEMENT PROGRAMMING



Caron's Education Alliance offers programming and training designed to help professionals guide students toward successful, substance-free lives.

Project CONNECT® Teen Nicotine Cessation Program

The Project CONNECT® Teen Nicotine Cessation Program helps participating youth better understand the consequences of using nicotine and develop a plan to quit. Participants meet for one 45-minute session per week for eight weeks.

Project CONNECT® Facilitator Training

Highly interactive, engaging, and informative, the one-day **Project CONNECT® Facilitator Training** plays an important role in enhancing the confidence level and skill sets of individuals responsible for implementing the Project CONNECT® program in their middle school, high school, or agency.

Participants will engage in training modules with information on:

- Nicotine Products and Use Trends
- Effective Implementation of the Project CONNECT® Curriculum
- Group Facilitation Skills
- Motivational Interviewing to Elicit Change
- Implementing the *CONNECT 5 Digital Learning Platform*

The trainings can be held virtually, on-site, or through training workshops sponsored by Caron Treatment Centers.

Digital Learning CONNECT 5 – Find the NicoTEEN-free You

Based on the Project CONNECT® curriculum, this digital experience is designed to make a positive impact on the participant's health by motivating them towards change. The program can assist youth in developing a personalized plan for success that is unique to their needs and situation as they work to quit their nicotine use. The course is available 24/7 from any location.

[Visit our website to learn more or take the course](#)

Project CONNECT® Results 2020

- 33.5% of those who completed the program quit.
- 68.6% of participants reduced their tobacco use on a weekly basis.
- 92.2% reported a positive change in behavior.
- 98% of participants would recommend the Project CONNECT® program to others.

To bring Project CONNECT® programming to your school or agency, contact Caron's Education Department.