



GIVE STUDENTS THE CLEAR FACTS ABOUT NICOTINE USE



The best way to stop nicotine use is before it starts. Caron's classroom education program can help you do that.

With Caron's CLEAR (Classroom Lessons Educating Adolescents to Resist) Facts program, students learn about the health impact of using nicotine delivery devices such as cigarettes, cigars, smokeless tobacco, and electronic vaping products. They also learn about the addictive properties of nicotine by listening to facts, discussing consequences, looking at visuals, and participating in hands-on activities to reinforce relevant concepts.



Learning Objectives

Participants will:

- Gain awareness of the prevalence of youth nicotine use and recognize that most youth do not use nicotine delivery products
- Recognize the importance of remaining nicotine-free
- Realize the physical, social, emotional, and mental consequences of nicotine use
- Learn about nicotine addiction and why young people are particularly vulnerable
- Gain an understanding of the impact nicotine has on a developing brain

"I appreciate the lesson you taught and how enthusiastic you were when you were presenting. I learned so much about the effects of nicotine. I will definitely apply it to my life by teaching others what you taught me."

- middle school student